Department of
Financial Assistance
Cayman Islands Government

Grocery List

List of Approved and Non-Approved Items

Non-Approved Food/Non-Food Items:

1. **Alcoholic Beverages**: Any form of alcohol used for consumption.
2. **Tobacco Products**: Cigarettes, Vapes and other tobacco products.
3. **Pet Food**
4. **Seafood** – Lobster, Shrimp, Oysters, Whelks, Conch.

Approved Items List

(Below are examples, but not limited to, of Approved Food and Non-Food Items that can be obtained with DFA Grocery Cards or Purchase Orders)

MEAT AND DAIRY
Fish (fresh, frozen, salted, tinned)
Meat & Poultry
Milk
Eggs
Ice cream (popsicles and jellos included)
Cheese
Butter/margarine

PRODUCE
Vegetables
Fruits
All ground provisions
All Seasonings (Salt, pepper, onion, garlic, etc.)

BAKERY
Breads
Biscuits and Crackers (bulk allowed)

CANNED AND BOXED GOODS
Jams/jellies & peanut butter
Cereal (bulk allowed)
Pancake/cake/muffin mixes
Rice
Flour
Sugar
Soups
Pasta
Cooking oil
All Condiments
Beans
Bottled water (bulk allowed)
Hot and Cold beverages (non-alcoholic)
Kids snacks and fruit juices (bulk allowed)

BABY SUPPLIES
Baby formula
Baby diapers & wipes (bulk allowed)
Baby cereal

PERSONAL HYGIENE & TOILETRIES
Toilet paper (bulk allowed)
Toothpaste & Toothbrush
Deodorant
Shampoo & Conditioner
Sanitary Supplies
Body Wash/Soap (Liquid & Bar Soap)
Grooming - shaving cream, razors, brush, comb.
Moisturizers and Lotions

OVER THE COUTNER MEDICATION
First Aid Supplies
Pain Relievers, Cold and Flu Remedies
Digestive Aids, Antihistamine

OTHER NON-FOOD ITEMS
Household Cleaning Supplies
All Purpose Cleaners
Mop, Broom, Bucket
Garbage Bags
Air Freshener
Laundry Supplies
Pest Control Supplies - Insect Spray

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